

THE AFTERMATH
December 26, 2011

By Michael Erlewine (Michael@Erlewine.net)

I am somewhat in recovery mode here after the Christmas celebration. The house filled up with visiting kids and their partners. Lots of cooking went on and plenty of sharing. Ate too much, as usual.

This year's holiday mandala all came together, the mudra was made, and then just as quickly, things whirled on and out of sight. Suddenly it's just Margaret and myself here again.

The day is cold, but bright. The recent New Moon is positing itself in my mind and I am adjusting to whatever change in direction it brings – getting used to it.

Hope each of you are experiencing a peaceful time.